

Conflict Resolution

Avoid Conflict

If it's a strength, identify why. If it's a weakness, determine a next step.	Example: Know when not to engage: Somewhat of a strength. I know to ignore teasing and name calling and walk away.
Respond to peer pressure	
Know when not to engage	
Deal appropriately when conflict arises	
Know what's acceptable and what isn't	
Refrain from physical contact and unacceptable language	
Ignore when appropriate	
Know when to seek assistance	
Compromise to settle conflict	
Control temper and anger	
Use self-management and self-regulation	
Follow through on agreements	

3 Types of Conflict Outcomes

Win-Win

Win-Lose

Lose-Lose

For Example:

Lose/Lose: 2 individuals argue over a ball, the teacher takes the ball.

Win/Win: 2 individuals argue over a ball, the teacher provides another ball.

Win/Lose: 2 individuals argue over a ball, the teacher flips a coin and who ever calls it correctly wins.

Below, list 3 examples of conflict: a win/win, a win/lose and a lose/lose. For each conflict, indicate how each side felt.

1. _____

2. _____

3. _____

